

Fig. 1

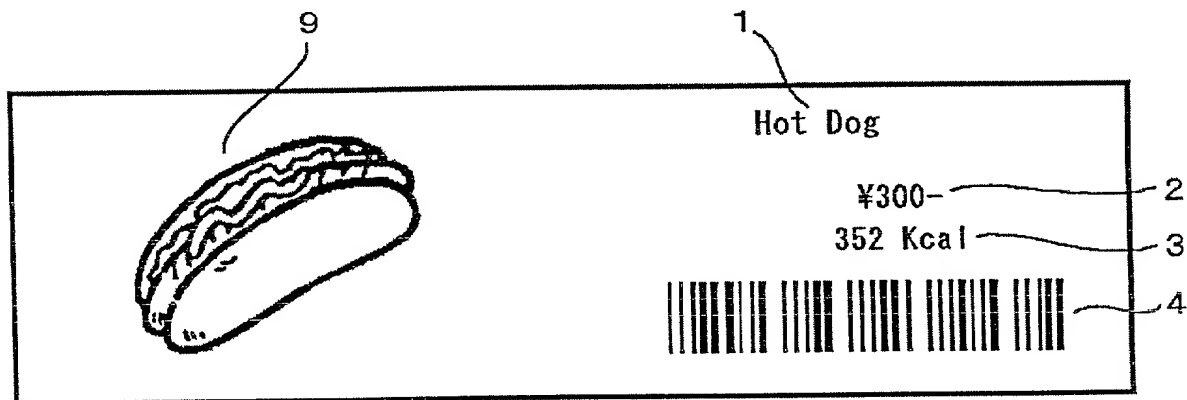
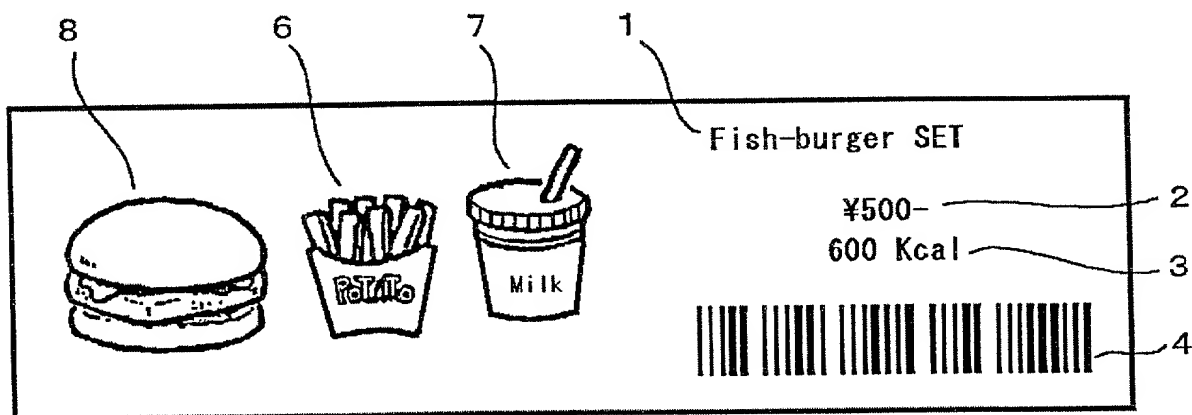
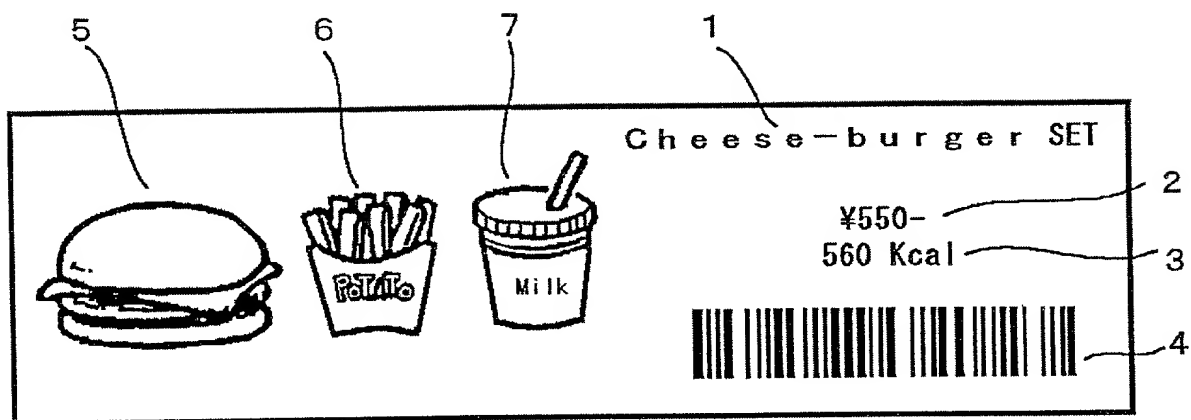


Fig. 2

Foodstuff/ Nutritional Element	Nutritional Element 1	Nutritional Element 2	Nutritional Element 3	Nutritional Element 4	Nutritional Element 5	Nutritional Element 6
A. Bread	2.0 units					
B. Potato	0.9 units					
C. Ground Beef			2.0 units			
D. Cheese			0.2 units			
E. Milk				1.4 units		
F: Salad Oil					0.4 units	
G. Lettuce						0.1 units
TOTAL	7.0 units (560Kcal)					

Nutritional elements 1 to 6 included in foodstuff A to G are described with 30 Kcal as a unit.

Fig. 3

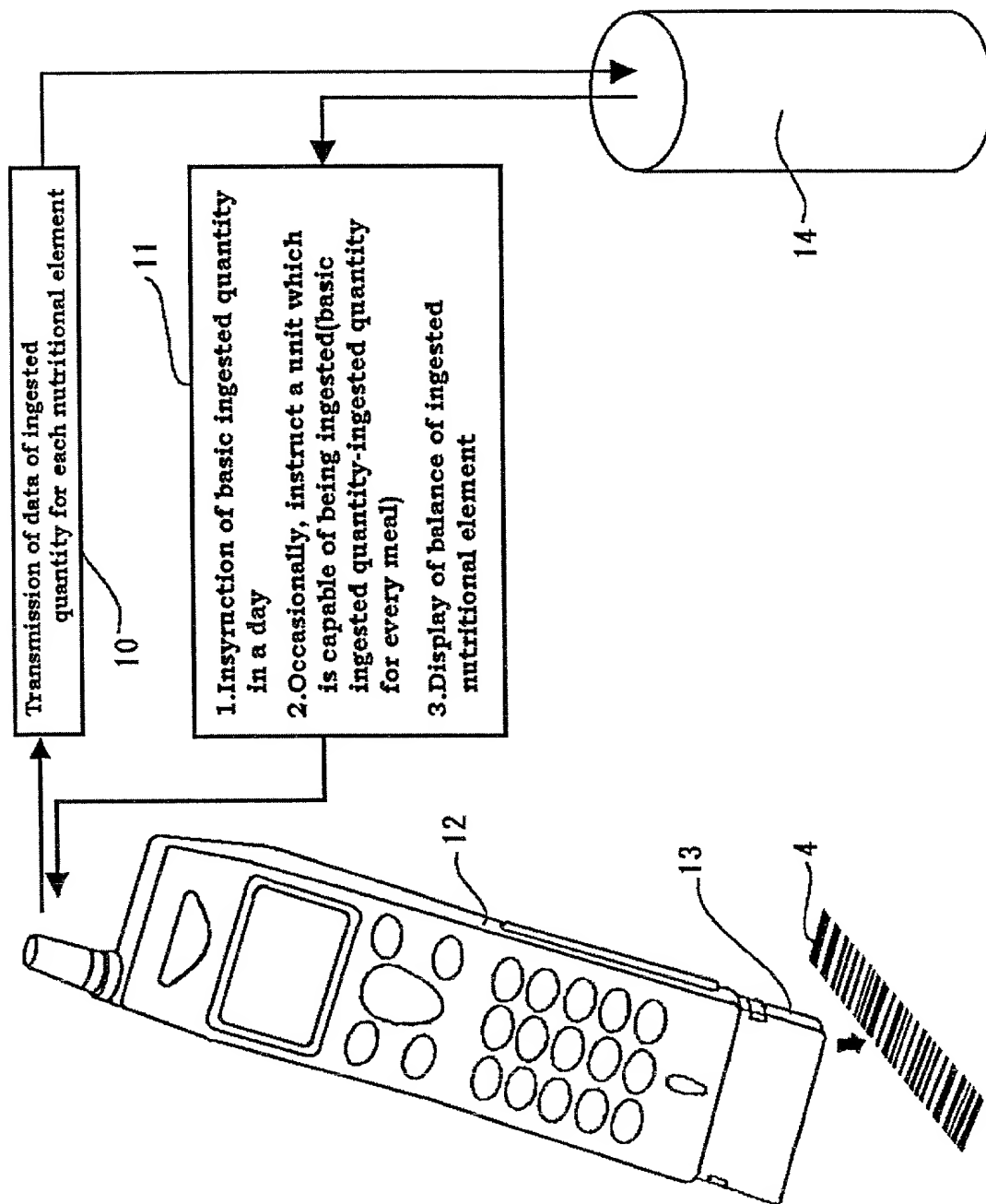


Fig. 4

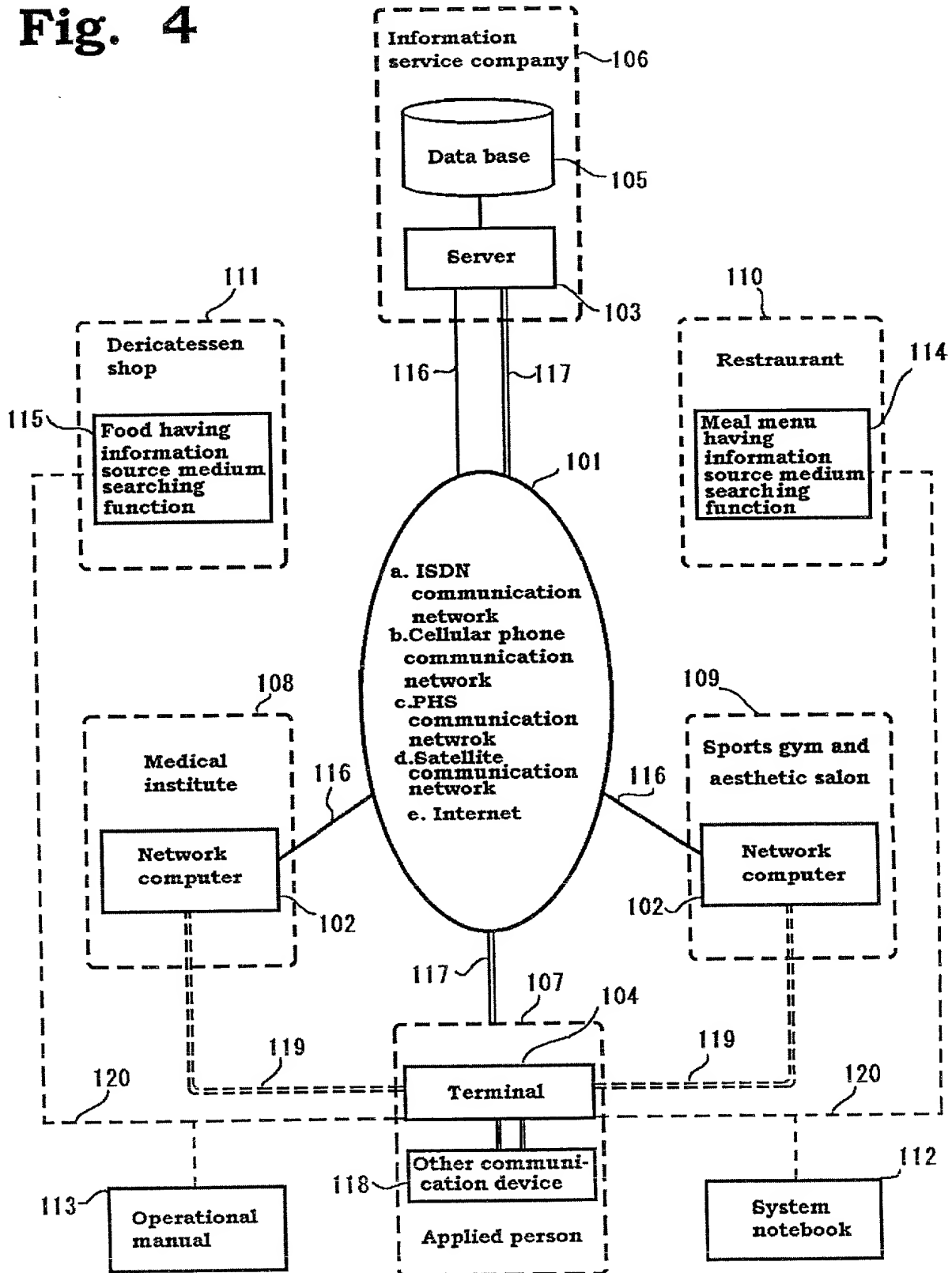


Fig. 5

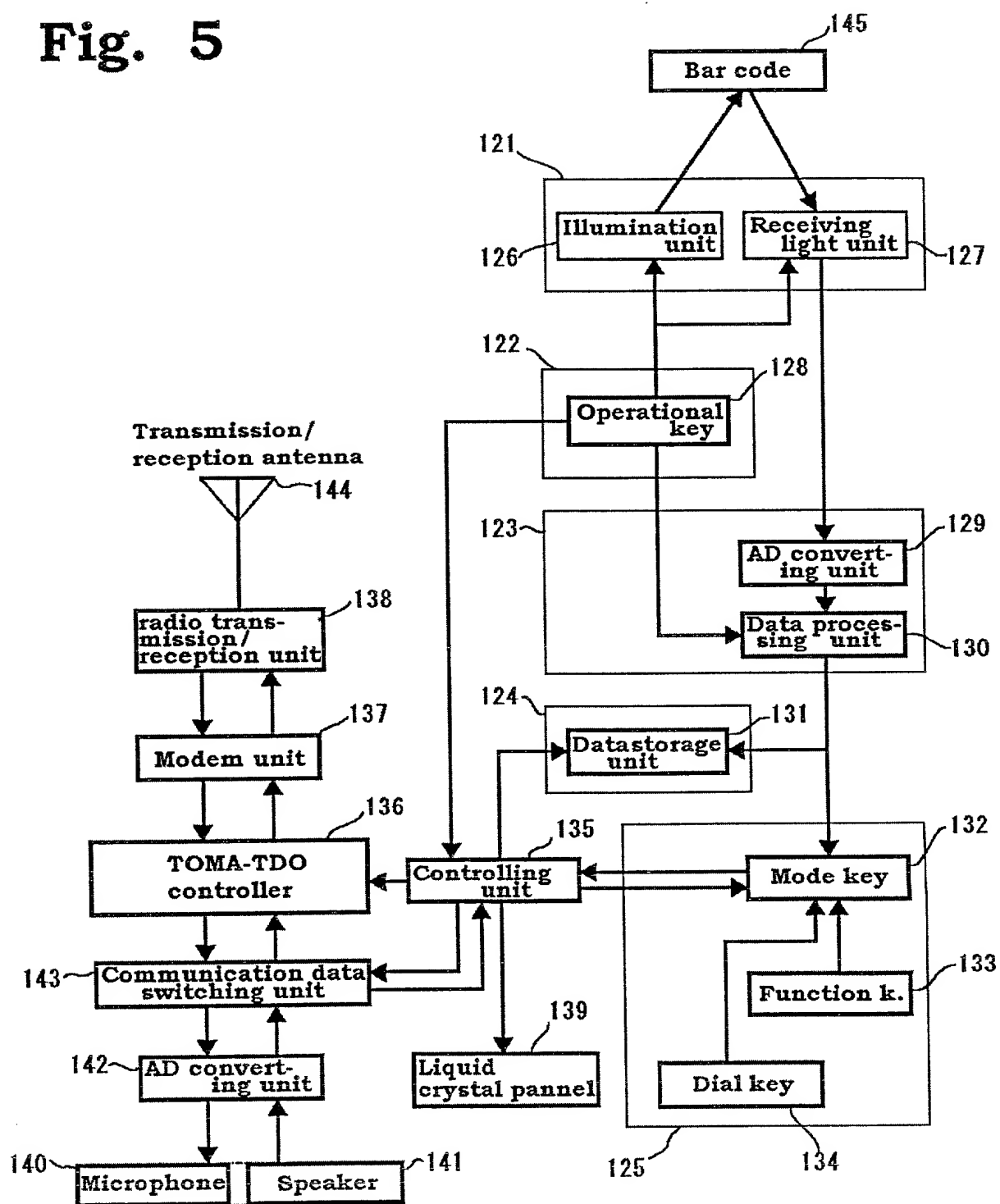


Fig. 6

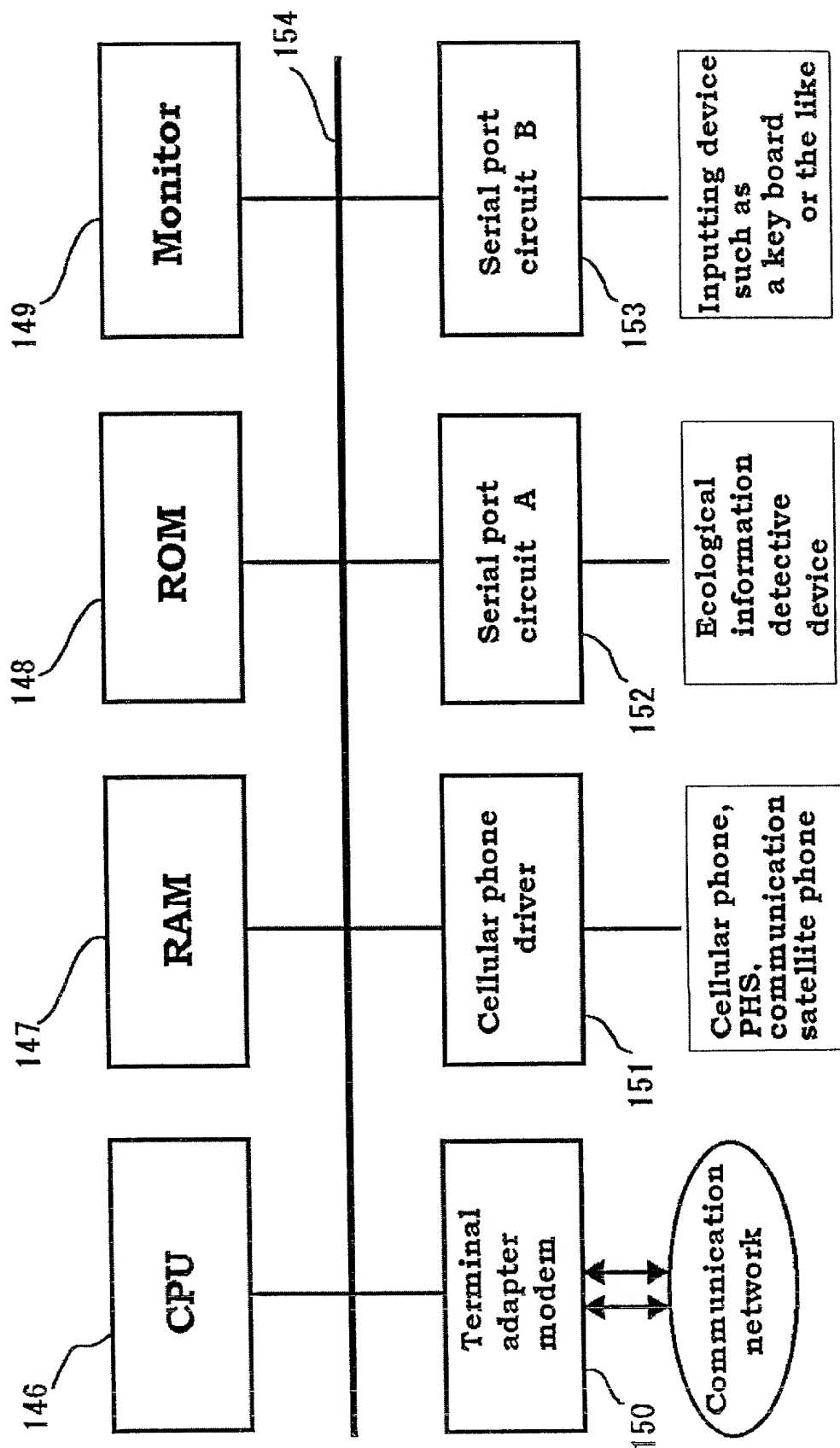
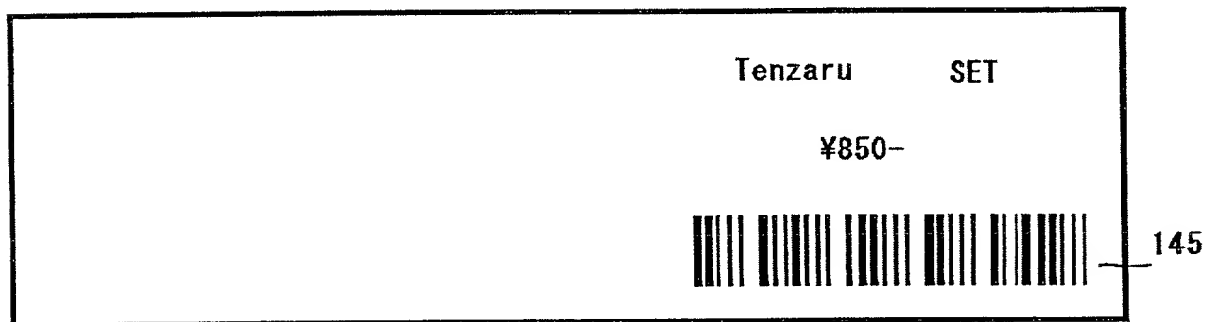
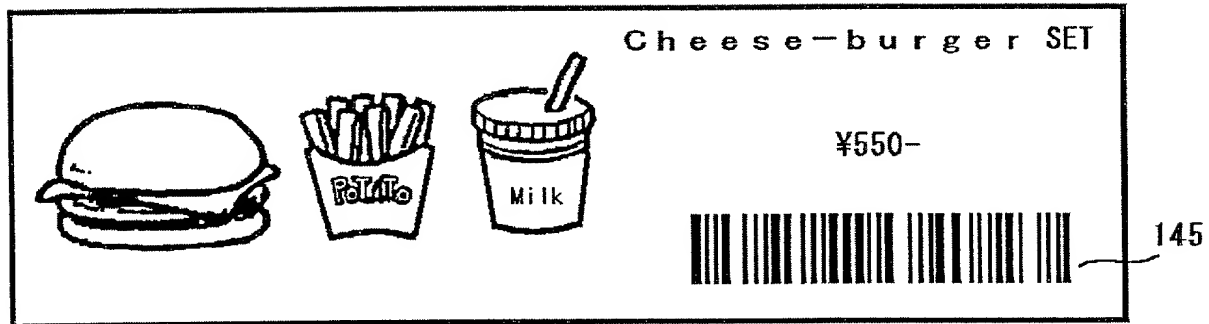
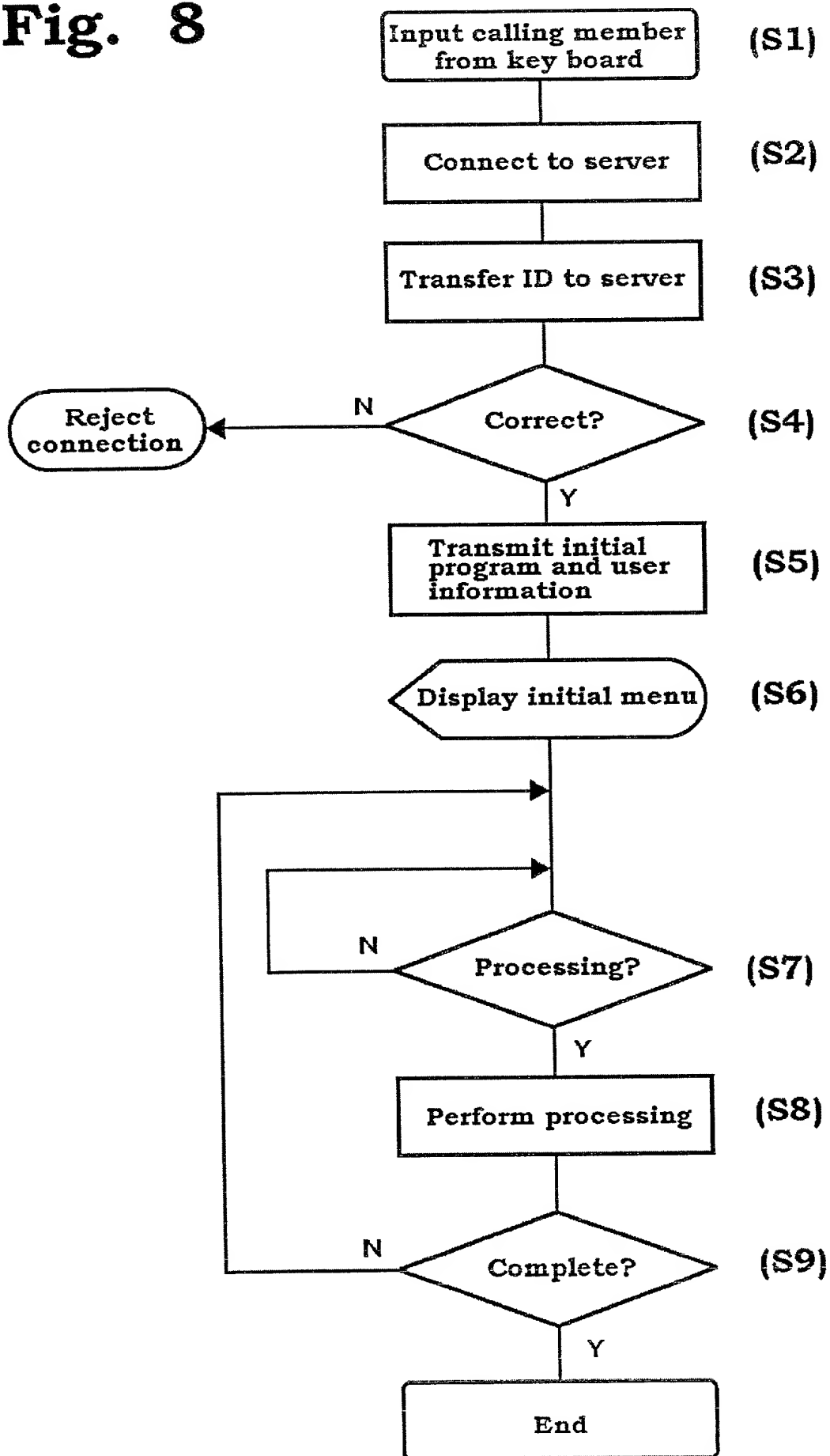


Fig. 7



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Fig. 8



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Figure 1 consists of 12 sub-graphs labeled (a) through (l). Each graph plots a physiological parameter against time (0 to 10 minutes). The y-axis for all graphs ranges from 0 to 100. The x-axis for all graphs ranges from 0 to 10 minutes. The graphs show that HR, SV, CO, MAP, PVR, SVR, PPA, and PVP all increase during the intervention period, while PVP/PPA remains relatively stable.

Parameter	Baseline (0-10 min)	Intervention (10-20 min)
(a) HR (b/min)	~70	~85
(b) SV (l/min)	~50	~65
(c) CO (l/min)	~3.5	~4.5
(d) MAP (mmHg)	~80	~90
(e) PVR (mmHg)	~10	~20
(f) SVR (mmHg)	~10	~20
(g) PPA (mmHg)	~10	~20
(h) PVP (mmHg)	~10	~20
(i) PVP/PPA	~1.0	~1.0
(j) PVP/PPA	~1.0	~1.0
(k) PVP/PPA	~1.0	~1.0
(l) PVP/PPA	~1.0	~1.0

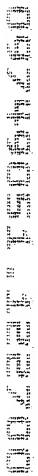


Fig. 10

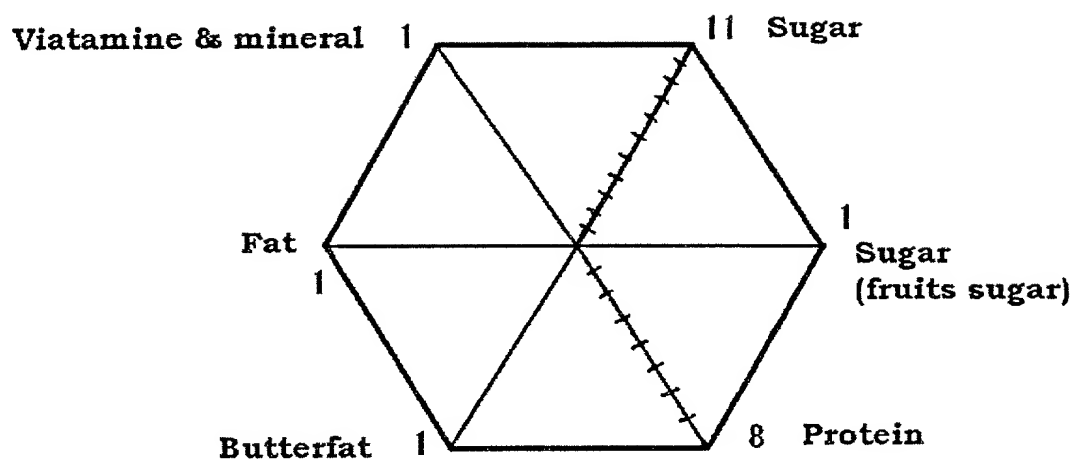
ITEM	SUGAR	SUGAR (Fruits Sugar)	PROTEIN	BUTTERFAT	FAT	VITAMINE & MINERAL
Ingest quantity by breakfast	3.0	---	1.0	---	0.2	0.2
Ingest quantity by lunch	3.0	---	3.0	---	0.3	0.3
Ingest quantity by between meal & snack	1.0	1.0	---	1.0	---	---
Ingest quantity by supper	4.0	---	4.0	---	0.5	0.5
TOTAL	11.0	1.0	8.0	1.0	1.0	1.0

* Ingested calorie quantity in a day is determined as 1,800 Kcal (23 units)

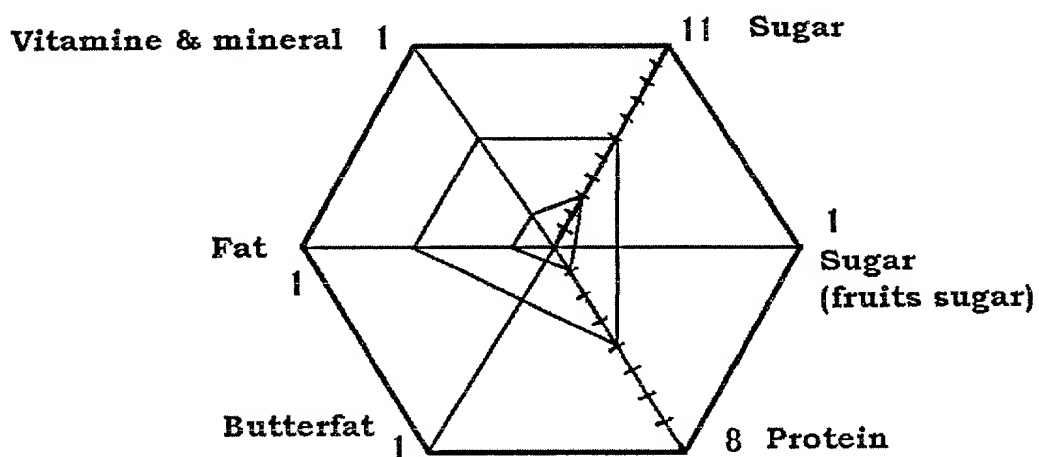
* Numerical value is described with 80 Kcal as a unit

Fig. 11

A. Initial data
(ingested quantity in a day)



B. Data at lunch



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Fig. 12

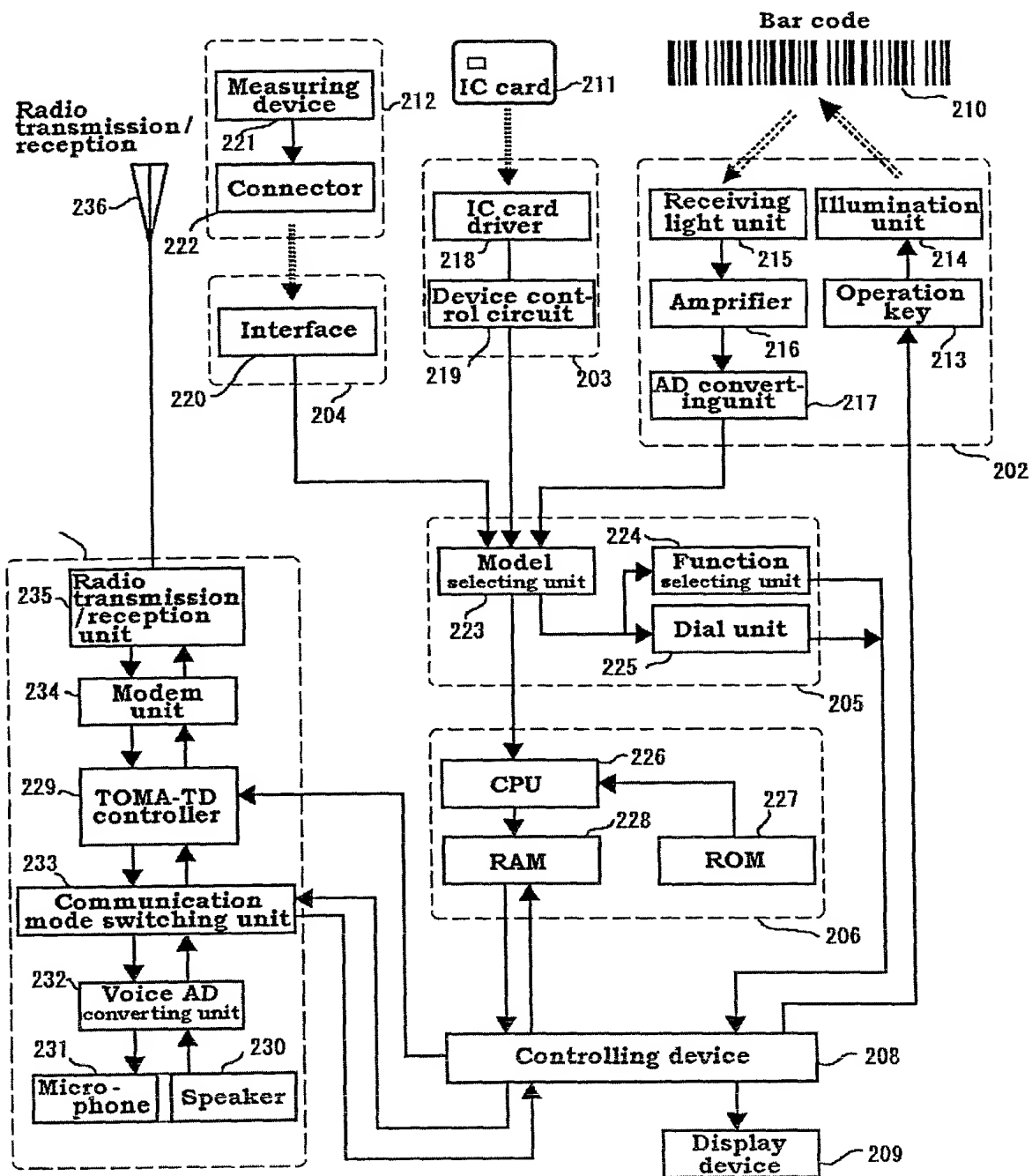


Fig. 13

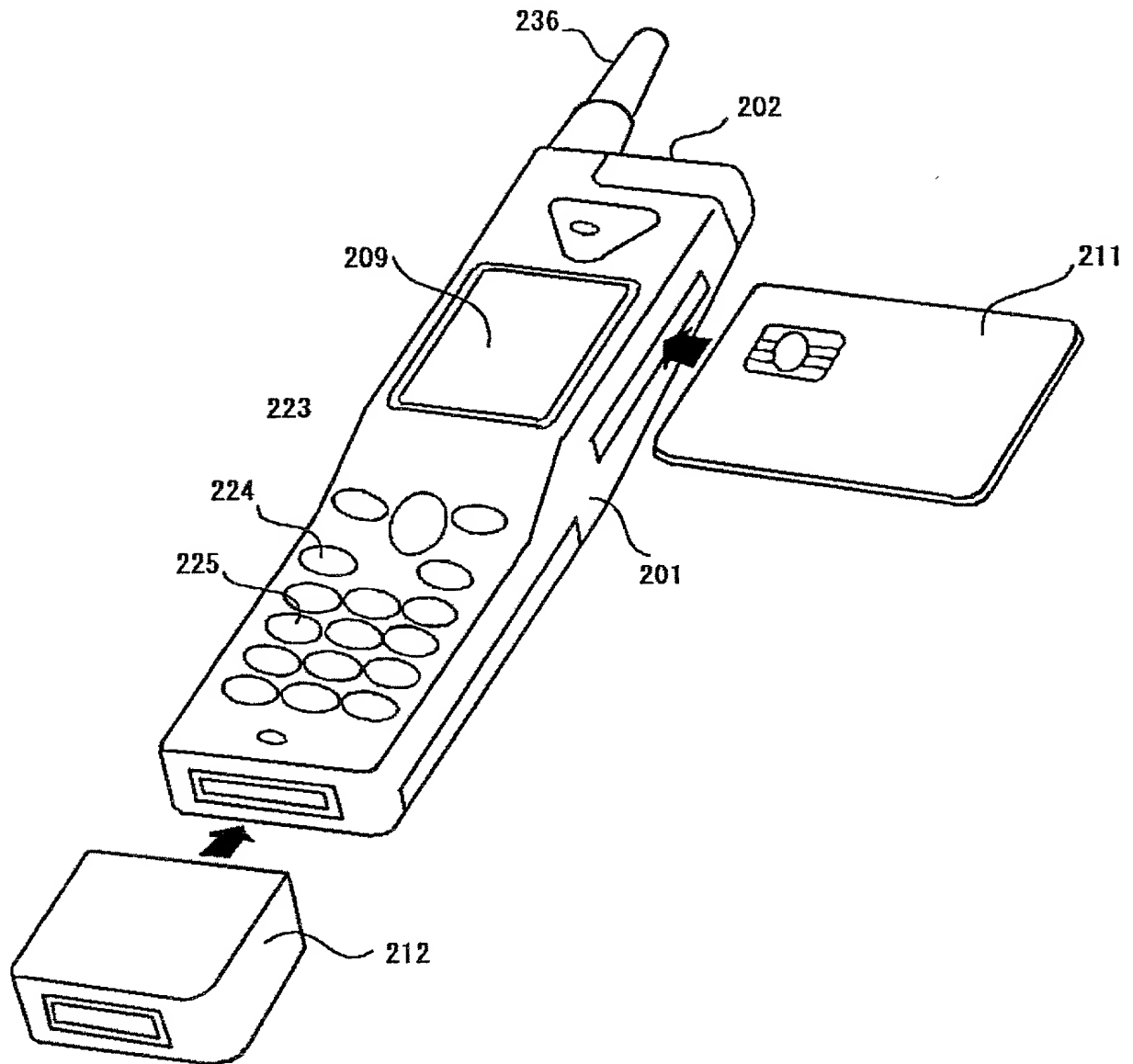


Fig. 15

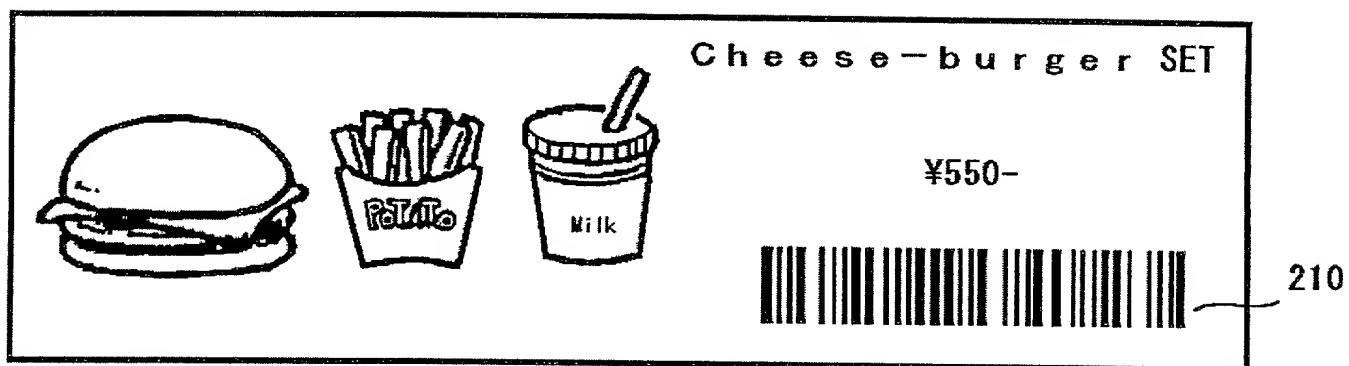


Fig. 16

Table 1, lunch (energy quantity for each nutritional element of cheese-burger set)

ITEM	SUGAR	FRUITS SUGAR	PROTEIN	BUTTER FAT	FAT	VITAMINE & MINERAL	TOTAL
INGEST QUANTITY	4.5	---	2.0	1.5	0.3	0.2	8.5 units
ENERGY QUANTITY	360	---	160	120	24	16	680 Kcal

Table 2, ingested quantity in a day (breakfast has been ingested, as lunch, cheese-burger is ingested, supper is not ingested)

ITEM	SUGAR	FRUITS SUGAR	PROTEIN	BUTTER FAT	FAT	VITAMINE & MINERAL	TOTAL
Ingest quantity by breakfast	3.0	---	1.0	---	0.2	0.2	4.4 units
Ingest quantity by lunch	4.5	---	2.0	1.5	0.3	0.2	8.5 units
quantity which can be ingested	4.5	1.0	3.5	---	0.5	0.6	10.1 units
Ingest quantity in a day	12.0	1.0	6.5	1.5	1.0	1.0	23.0 units

- Calorie quantity which applied person can ingest is determined as 800 Kcal (23 units).
- Numerical value of ingested quantity described with 80 Kcal as a unit.

Fig. 17

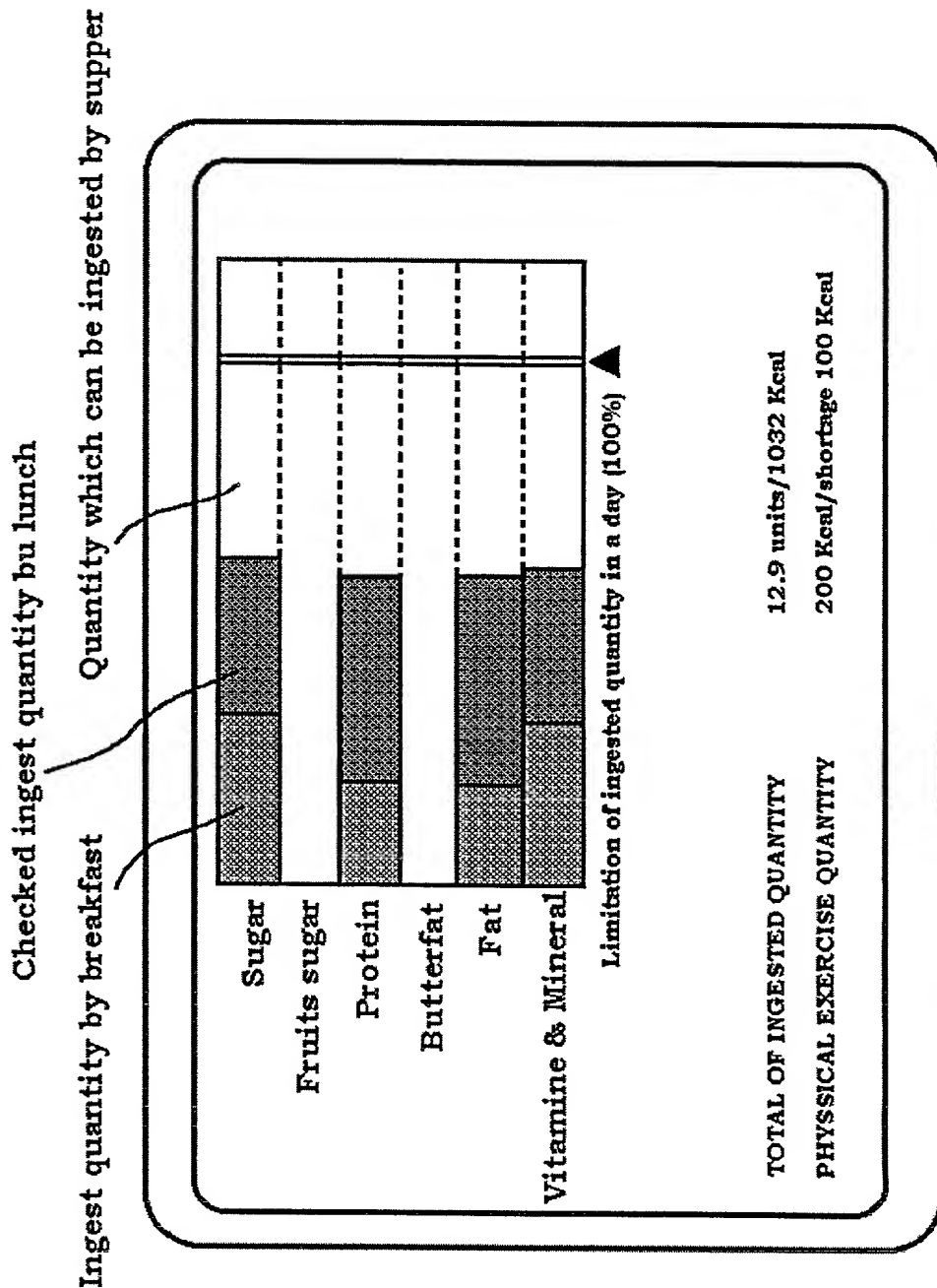
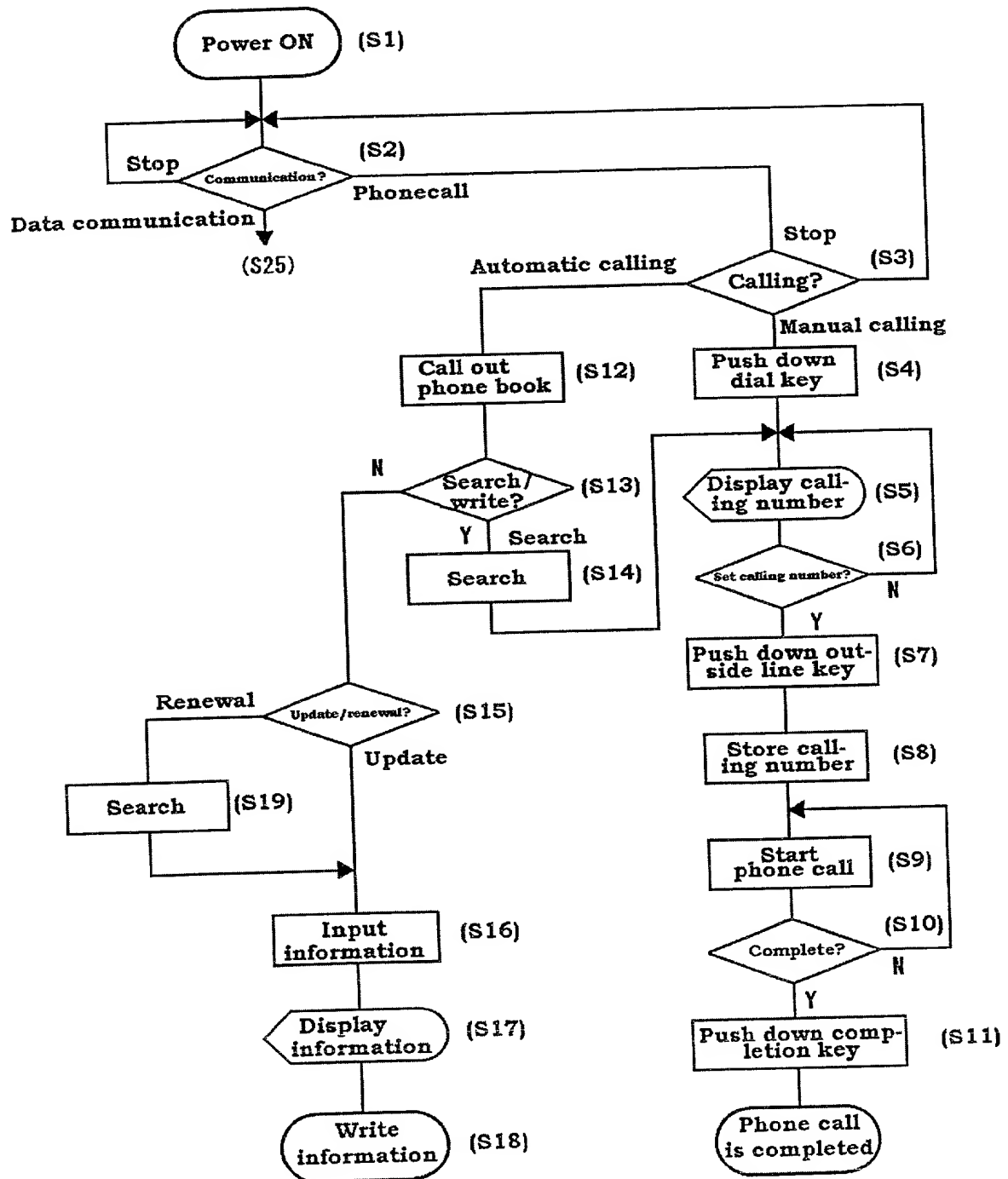
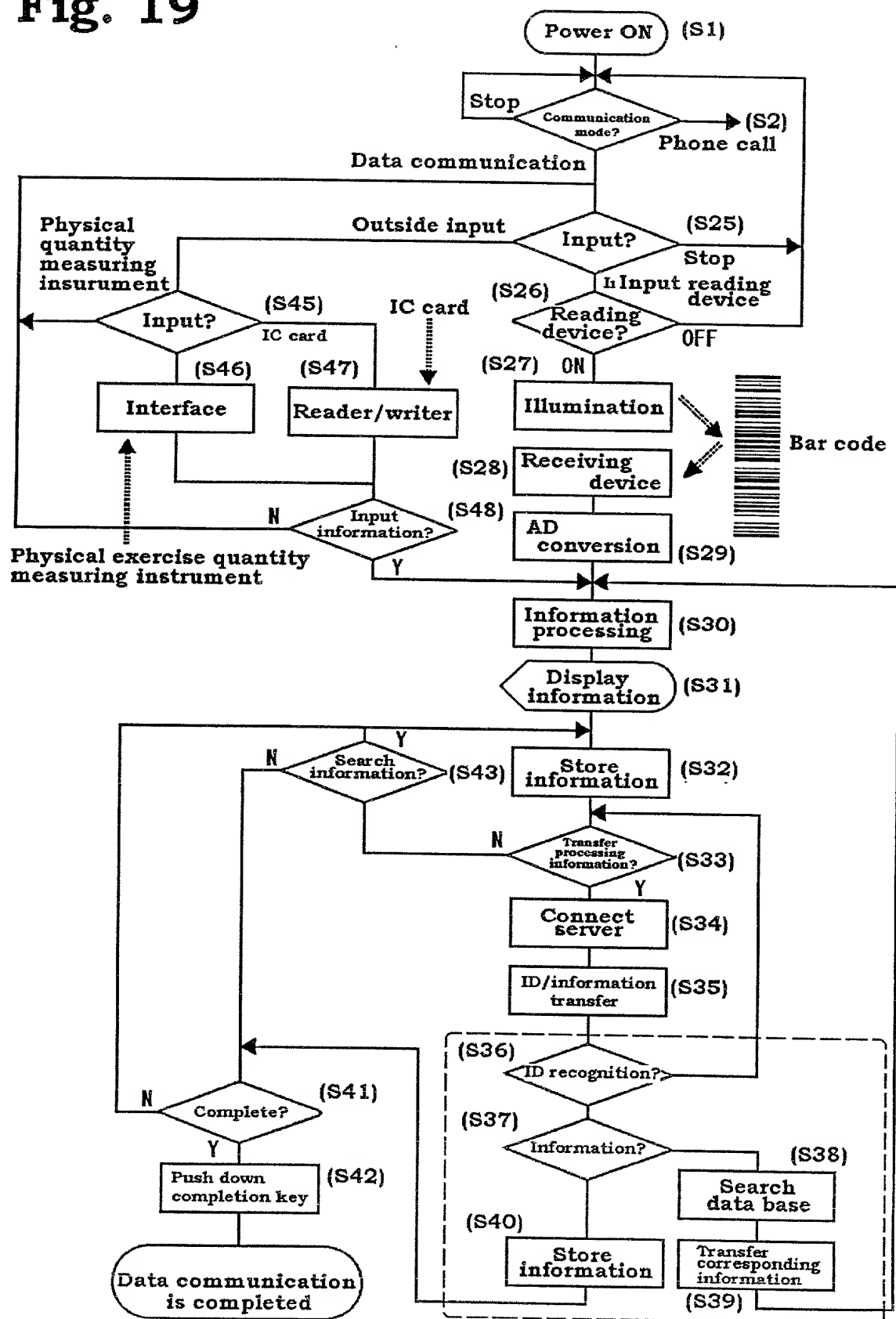


Fig. 18



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Fig. 19



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